



Junior High Intramural Updates  
**Two Pages-Please read both pages**

**Sports:**  
Boys Basketball  
Girls Soccer  
B/G Cross Country

**Quarter 2**

See below for cancellations

**Monday October 20-meet your coach turn in assumption of risk form:**

|                                      |                          |
|--------------------------------------|--------------------------|
| 7th Boys FFootball-Erik Okula        | Room 908                 |
| 8th Boys FFootball-McJilton          | Room 903                 |
| 7th Girls Volleyball-Elva Arias      | Portables Room #TBD      |
| 8th Girls Volleyball-Jose Hernandez  | Portables Room #TBD      |
| 7/8 Boys Tennis:<br>Sandra Armstrong | Portables Room #TBD      |
| Rotation Coach:<br>Yvonne R.         | Rotate through the rooms |

**Tuesday October 21-Practice begins.**

Practices are Monday to Friday from 3:30 to 4:30

You meet at your field of play.

You need to wear your PE clothes!

[Link to coaches and their email.](#)

**To Sign Up:**

Liability Packet:

Only fill out once for the year



Assumption of risk form:

Once per quarter- you need one for each sport you play.  
Turn in to your coach



**Practices Canceled:**

Unless canceled, on rainy days:

7th Football 908

8th Football 903

Volleyball - TBD

Tennis-TBD

**Tournament Dates**  
**Games start at 3 pm, 8th grade plays first**

|                           |                |                    |                      |
|---------------------------|----------------|--------------------|----------------------|
| 12/8<br>Lexington @Oxford | 12/9<br>@South | 12/10<br>Dale @ OA | 12/16<br>@Brookhurst |
|---------------------------|----------------|--------------------|----------------------|

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**Junior High Intramural Updates**

**See below for the junior high sports for the 2025-2026 school year.**

# INTRAMURAL SPORTS SEASON DATES 2025-26

| <u>SEASON #1</u>     | <u>DATES</u>              | <u>BOYS SPORTS</u> | <u>GIRLS SPORTS</u> |
|----------------------|---------------------------|--------------------|---------------------|
| Season Dates         | Aug. 18th to Oct. 10th    |                    |                     |
| Start Dates          | Aug. 18th to Sept. 19th   | Boys Basketball    | Girls Soccer        |
| Team Practice        | Sept. 22nd to Sept. 26th  | Cross Country      | Cross Country       |
| Games/Tournament     | Sept. 29th to Oct. 8th    |                    |                     |
| X-Ctry Championships | October 2nd, 2025         | @ Brookhurst       | @ Brookhurst        |
| Dead Period          | Oct. 13th to Oct. 17th    |                    |                     |
|                      |                           |                    |                     |
| <u>SEASON #2</u>     | <u>DATES</u>              | <u>BOYS SPORTS</u> | <u>GIRLS SPORTS</u> |
| Season Dates         | Oct. 20th to Dec. 19th    |                    |                     |
| Start Dates          | Oct. 20th to Nov. 21st    | Boys Flag Football | Girls Volleyball    |
| Team Practice        | Dec. 1st to Dec. 5th      | Boys Tennis        |                     |
| Games/Tournament     | Dec. 8th to Dec. 16th     |                    |                     |
| Dead Period          | Dec. 22nd to Jan. 2nd     |                    |                     |
|                      |                           |                    |                     |
| <u>SEASON #3</u>     | <u>DATES</u>              | <u>BOYS SPORTS</u> | <u>GIRLS SPORTS</u> |
| Season Dates         | Jan. 5th to Feb. 27th     |                    |                     |
| Start Dates          | Jan. 5th - Feb. 6th, 2025 | Boys Volleyball    | Girls Flag Football |
| Team Practice        | Feb. 10th to Feb. 17th    |                    | Girls Tennis        |
| Games/Tournament     | Feb. 18th to Feb. 25th    |                    |                     |
| Dead Period          | Mar. 2nd to Mar. 6th      |                    |                     |
|                      |                           |                    |                     |
| <u>SEASON #4</u>     | <u>DATES</u>              | <u>BOYS SPORTS</u> | <u>GIRLS SPORTS</u> |
| Season Dates         | Mar. 9th to May 8th       |                    |                     |
| Start Dates          | Mar. 9th to April 17th    | Boys Soccer        | Girls Basketball    |
| Team Practice        | April 20th to April 24th  | Track              | Track               |
| Games/Tournament     | April 27th to May 6th     |                    |                     |
| Track Championships  | April 30th, 2026          | @ Cypress          | @ Cypress           |
| Dead Period          | May 11th to May 15th      |                    |                     |