SEASON	SPORT	СОАСН	EMAIL	DATES	UMMER ATHLETIC P  DAYS	Times	COST	LOCATION
EASON	FALL SPORTS	COACH	CIVIAIL	DATES	DATS	Times	COST	LOCATION
-11		laffan Diagan	-i	0/4 0/00	M-F	4.00 7.00	#CO	Tanaia Causta
all	Girls Tennis	Jeffrey Pizano  Dave Mikesell	pizano_j@auhsd.us	6/1-6/30 5/30-7/1		4:00pm-7:00pm	\$60 TBD	Tennis Courts
Fall	Boys Water Polo	Dave Mikesell	mikesell_d@auhsd.us		Monday-Thursday	8:30am-10:30am	IBD	Loara HS Pool
	011 142 14 11 11 11			7/17-8/4	Monday-Thursday	1:30pm-3:30pm		
Fall	Girls VAR Volleyball	Mary Starbuck	starbuck_m@auhsd.us	(5/30-7/1)(7/17-8/4)	Wednesday	3:15-5:30		Main/Practice Gym
	Girls FS & JV Volleyball	Giajaida & Geo	starbuck_m@auhsd.us	(5/30-7/1)(7/17-8/4)	Wednesday-Friday	4:00-6:00 pm		Main/Practice Gym
Fall	Girls Flag Football	Angel Jones	Jones_A@auhsd.us	TBA	TBA	TBA	TBA	TBA
Fall	Football Varsity JV	Jeff Reitz	reitz_j@auhsd.us	5/30-6/29	Monday-Thursday	4:00pm-7:00pm	\$120	Weight Room/Field
Fall	Football Freshmen	Dustin Hurley	hurley_d@auhsd.us	5/30-6/29	Monday-Thursday	9:00am-11:30 am	\$120	Weight Room/Field
Fall	Boys & Girls Cross Country	Kristen Goossens	goossens_k@auhsd.us	TBD	TBD	TBD	TBD	Track
Fall	Girls Golf	Juan Viramontes	viramontes_j@auhsd.us	7/24-8/8	Tuesday/Thursday	3:00pm-5:00 pm	TBD	TBD
Fall	Cheer/Dance	Katie Morrill	morrill_k@auhsd.us	(5/30-7/1)(7/17-8/4)	Monday-Thursday	4:30-7:30		Practice Gym
	WINTER SPORTS							
Winter	Boys Soccer	Jose Pliego	Josepliego2053@gmail.com	6/5-6/30, 7/17-8/7	Monday-Thursday	2:00-4:00 PM	\$50	Soccer Field
Winter	Girls Water Polo	Dave Mikesell	mikesell_d@auhsd.us	(5/30-7/1)(7/17-8/4)	Monday-Thursday	(8:30am-10:30am)(1:30pm-3:30pm)	TBD	Loara HS Pool
Vinter	Boys Basketball	Carlo Davis	davis_c@auhsd.us	5/30-6/29	Monday/Wednesday	8:00am-12:30 pm	\$120-\$150	Main/Practice Gym
					Tuesday/Thursday	8:00am-12:30 pm		Main/Practice Gym
Winter	Boys & Girls Wrestling	John Morrill	morrill_j@auhsd.us	(5/30-7/1)(7/17-8/4)	Tuesday-Thursday	4:30-7:30		Wrestling Room
Winter	Girls Basketball	Tonya Pittington	pittington_t@auhsd.us	6/5-6/28	Monday/Wednesday	12:30 pm - 3:30 pm	\$10-returners, \$20 new players	Main/Practice Gym
					Tuesday/Thursday	1:00 pm - 4:00 pm		-
Winter	Girls Soccer	Kristen Goossens	goossens k@auhsd.us	TBD	TBD	TBD	TBD	Soccer Field
	SPRING SPORTS							
Spring	Baseball	Carlos Ayala	ayala ca@auhsd.us	5/30-6/30	Monday-Thursday	10:00 am- 12:00 pm	No Cost	Baseball Field/Weight Room
Spring	Softball	Melissa Graham	graham m@auhsd.us	May 31, July 25-27, Aug 1-2	Tryout: WED. May 31, 10-12	CAMP: July 25-27, Aug. 1-2 10:00-12:00	\$25 (includes shirt)	Softball Field
Spring	Girls Track	Kristen Goossens	goossens k@auhsd.us	None	, ,	, , ,		Track
Spring	Boys Track	Dave Wilson	wilson_d@auhsd.us	None				Track
Spring	Boys & Girls Swim	Dave Mikesell	mikesell d@auhsd.us	(5/30-7/1)(7/17-8/4)	Monday-Thursday	(8:30am-10:30am)(1:30pm-3:30pm)	TBD	Loara HS Pool
Spring	Boys Tennis	Jeffrey Pizano	pizano j@auhsd.us	6/1-6/30	M-F	4:00 pm-7:00 pm	\$60	Tennis Courts
Spring	Boys Golf	Juan Viramontes	viramontes j@auhsd.us	7/24-8/8	Tuesday/Thursday	3:00 pm-5:00 pm	TBD	TBD
Spring	Boys Volleyball	Mary Starbuck	starbuck m@auhsd.us	(5/30-7/1)(7/17-8/4)	Tuesday/Thursday	10:00 am-1:00 pm	100	Main/Practice Gym
Opring	Boys voncybun	Mary Starbask	Starback_m@dansa.us	(0.00 1.1)(1.11 0.1)	Friday TBD	10:00 am-1:00 pm		Wall / Tablice Cylli
TDAINED	│ 'S SUMMER HOURS: May 30	lune 15 10:00em	6:20nm		Triday TDD	10.00 am-1.00 pm		
	6 SUMMER DEAD PERIOD -		•					
JULT 3 - T	O SUMMER DEAD PERIOD -	FOR ALL PROGRA	IVIO					
All aumer-	r programs are at Katalla I liab	Cobool Eventing	Boys and Cirls Water Dalais	ot Lagra High Cahaal				
		•	Boys and Girls Water Polo is					
ALL AIHL	ETES MUST HAVE A CURRE	ENT PHYSICAL AND	INSURANCE to tryout and part	icipate in summer programs.				
	on in the Summer Program do							
Any questi	ons please contact the coach	of your sport or Athle	tic Directors Juan Viramontes - v	<b>/iramontes_j@auhsd.us</b> or N	/lelissa Graham - graham_m@	auhsd.us		